Turn Meeting History Into Actionable Intelligence with Topic Insights

Stop scrambling through old notes. Topic Insights analyzes grouped conversations to track action items, decisions, and progress across all your meetings.

Published by Julian Pscheid · November 12, 2025
Read this article online: https://www.hedy.ai/post/ai-meeting-prep-topic-insights/

Team of seven people collaborating around a long table in a brick-walled loft office with whiteboards

Remember that feeling when you walk into a follow-up meeting and realize you've forgotten half of what was discussed last time? Or when you're scrambling through old notes trying to piece together the status of action items from multiple conversations?

Today we're introducing Topic Insights—a feature that turns your grouped conversations into actionable intelligence.

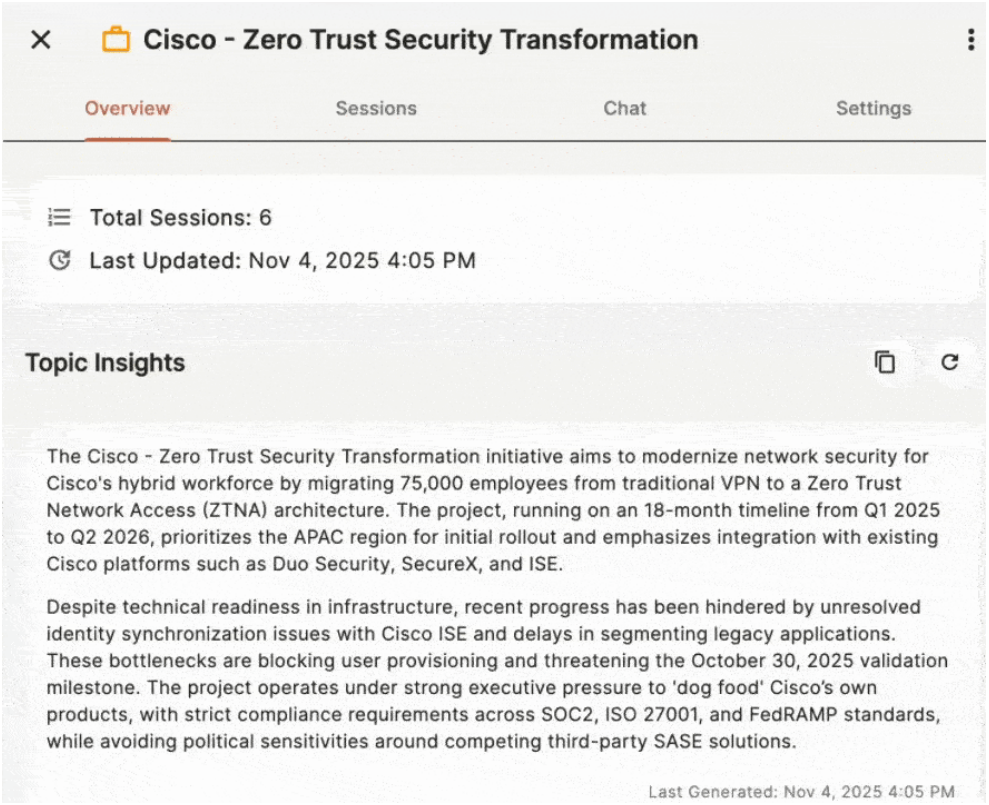
What Topic Insights Does

When you organize related sessions into a Topic (like "Weekly Team Standup" or "Client Project X"), Hedy now automatically analyzes all those conversations together to give you:

A Clear Summary of what's actually happening across your sessions—not just individual meeting notes, but the bigger picture of how things are evolving.

Organized Insights tailored to your conversation type. Business meetings surface action items and unresolved decisions. Medical appointments track symptom progression and medication changes. Lectures identify key concepts and generate study questions.

Automatic Prep Notes that appear right when you start your next session. No more walking in unprepared—Hedy reminds you of commitments you made, questions you wanted to ask, and topics that need follow-up.



Example of topic insights

How It Actually Works

Let's say you have weekly one-on-ones with your manager. You create a Topic called "Manager Check-ins" and add each session to it.

After a few meetings, you tap into the Topic and hit "Generate Overview." Hedy analyzes your recent sessions and shows you

• Progress Summary : "Over the past 3 sessions, you've been discussing the API redesign project, with focus shifting from architecture decisions to implementation timeline..."
• Action Items : The 4 tasks you committed to, with owners and deadlines
• Unresolved Decisions : That budget question that keeps getting punted to next week
• Stakeholder Positions : Your manager's concerns about timeline vs. your push for additional testing

Then, when you start your next one-on-one, Hedy automatically drops a prep note into your chat:

"Ready for today's check-in, Sarah! Based on your recent conversations:

• Follow up on API redesign timeline (you promised an update today)
• Discuss the testing budget that's been deferred twice
• You wanted to raise the junior developer mentoring proposal "

Specialized for Different Conversations

Topic Insights adapts to what you're actually discussing. We've built specialized analysis for 9 different session types:

- Business Meetings track agenda items, decisions, and stakeholder positions
- Lectures extract core concepts and generate study questions
- Medical Consultations monitor symptoms, medications, and test results
- Coaching Sessions follow goal progress and accountability items
- Job Interviews (both sides) capture key qualifications and follow-ups
- Journalism organize quotes, story angles, and verification items
- Solo Brainstorming structure ideas, frameworks, and decision criteria Personal Conversations remember important events and promises made

The AI automatically detects your session type and applies the right analysis framework.

Real Examples from Beta Testing

A product manager tracking client feedback across multiple calls told us: "I used to spend 30 minutes before each client meeting reviewing notes. Now I just check Topic Insights and I'm caught up in 30 seconds."

A PhD student organizing dissertation research sessions: "The study questions it generates from my advisor meetings are better than what I was creating manually."

A consultant managing multiple client projects: "The prep notes have saved me from embarrassment more than once. Walking into a meeting knowing exactly what I promised last time is invaluable."

The Technical Details (for Those Who Care)

Topic Insights only analyzes your recent sessions to keep the insights fresh and relevant. Everything is grounded in actual conversation content—no speculation or hallucination. The feature respects your language preferences and custom vocabulary settings.

Insights are cached, so you're not regenerating the same analysis repeatedly. And yes, it works across all your devices.

Available Now

Topic Insights is available now for all Hedy Pro users. Just organize your sessions into Topics to get started.

One more step toward making every conversation count—not just in the moment, but across time.

Try It Yourself

Questions or feedback? Drop us a line or share your experience in our Slack community (https://slack.hedy.ai/) .

Topic Insights is available to Hedy Pro subscribers on iOS, Android, macOS, and Windows.

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