December 2025 Updates: Hands-Free Control, Smarter Sessions & the Road to 2026

Your AI meeting coach gets Siri integration, automatic pause detection, and improved intelligence—plus a preview of what's coming next.

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Woman wearing earbuds gesturing during a video call with four participants on her laptop at home

As we head into 2026, we're reflecting on a productive December that delivered several updates focused on making Hedy work more seamlessly with your natural workflow. From hands-free session control to smarter topic management, these improvements help you spend less time configuring and more time contributing to your conversations.

Siri Shortcuts: Hands-Free Session Control

Hedy now integrates with Siri on iOS and macOS, allowing you to start and stop sessions entirely hands-free.

Walking into a meeting with your hands full? Say "Hey Siri, start my Hedy session" and Hedy starts capturing. Need to end a session without reaching for your device? Siri handles that too.

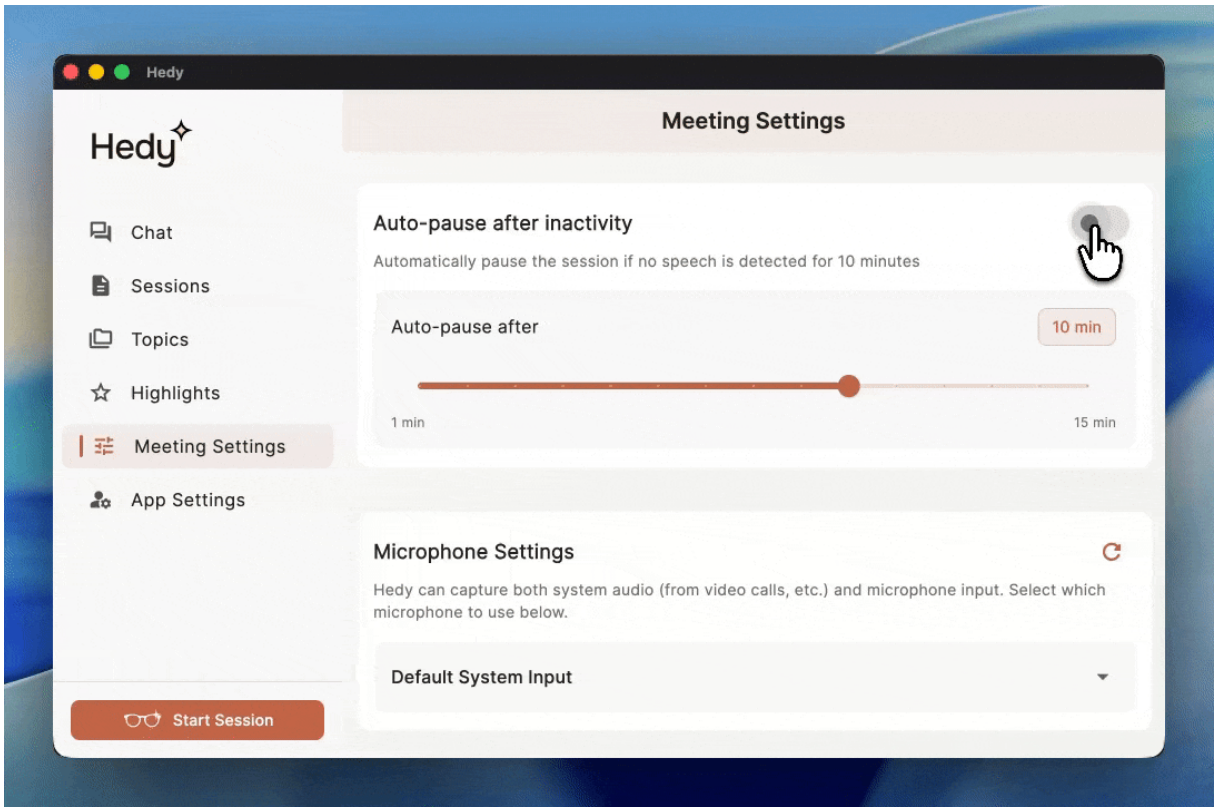
This integration works through Apple's App Intents framework, meaning it's fast, reliable, and works even when your device is locked. For professionals who move between meetings throughout the day, this removes one more point of friction between you and your AI meeting coach.

Inactivity Auto-Pause: Never Forget to Stop a Session

We've all been there. A meeting ends, you get pulled into the next thing, and an hour later you realize Hedy is still capturing silence. Wasted battery, wasted storage, and a transcript full of nothing.

Hedy can now detect when your conversation has ended and automatically pause your session. No more sessions running indefinitely because you forgot to hit stop.

Enable this feature in your meeting settings. Hedy monitors for extended periods of no speech and pauses automatically, so you can walk away from finished conversations without a second thought.



Smart Session Type Defaults

If you use Topics to organize your sessions, you've probably noticed a pattern: certain topics always use the same session type. Your "1:1s with Manager" topic is always Coaching & Mentoring mode. Your "Candidate Interviews" topic is always Recruitment Call mode.

Hedy now remembers these preferences. When you start a new session within a topic, it defaults to the session type you typically use for that topic. One less configuration step, faster starts, and you're into your meeting sooner.

Date-Aware AI

Context matters in conversations, and time is a crucial part of that context. When you ask Hedy about "last week's discussion" or "what we decided yesterday," the AI now understands these temporal references.

This improvement affects both in-session chat and post-session queries. When reviewing past meetings or asking questions across multiple sessions in a topic, Hedy's responses are now more accurate because it understands when things happened, not just what was said.

Expanded Language Support

We added Farsi and Sinhala to Hedy's AI chat capabilities, continuing our commitment to serving professionals worldwide. These languages join our existing support for 30+ languages, ensuring more users can interact with Hedy in their preferred language.

Additional Improvements

Beyond the headline features, December included several refinements that improve daily use:

Live Activity Controls (iOS): A new toggle lets you show or hide the Live Activity indicator on your lock screen during sessions. Some users want the constant visibility; others prefer a cleaner lock screen.

Desktop Update Notifications: A sidebar indicator now alerts macOS and Windows users when app updates are available, making it easier to stay current.

Redesigned Onboarding: New users encounter a streamlined sign-up flow with clearer guidance and smoother animations.

Audio-Only YouTube Import: When importing YouTube content, you can now choose to import just the audio without full video processing.

Stability Improvements: We addressed issues with audio capture during session pauses, topic invitations on web, and various edge cases that affected session reliability.

Looking Ahead: What's Coming in 2026

While December focused on refinement, 2026 brings more ambitious developments:

Hedy 3.0 — We're working on a complete redesign of the application interface. Expect a fresh look that better organizes the features we've added over the past year while maintaining the simplicity that makes Hedy effective.

Apple Watch Companion App — Manage active sessions and view insights directly from your wrist. For users who want even more hands-free control, the Watch app extends Hedy's accessibility.

Google Calendar Integration — Imagine walking into a meeting and having Hedy automatically load context based on your calendar entry. We're building toward that seamless experience.

These initiatives are in active development alongside the many feature requests on our public roadmap.

Get the Updates

All December improvements are available now in Hedy version 2.13. Update your app on iOS, Android, macOS, or Windows to access these features.

• iOS & Android: Update through the App Store or Google Play

• macOS & Windows: Check for updates in the app, or download directly from our website

For the complete technical changelog, visit our changelog page (https://feedback.hedy.bot/changelog) .

Questions or feedback on these updates? Join our Slack community (https://slack.hedy.ai) or reach out directly. Your input continues to shape how Hedy evolves.

Here's to being the brightest person in every room in 2026.

Hedy AI · Live AI Coaching for Important Conversations

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